

# Work at height

With "work at height" we mean all tasks where you -without safety measures - may fall down and be injured.

## Why / Safety first. **Always.**

It is easy to underestimate the risk of falling - both the likelihood of falling and the consequence of falling.

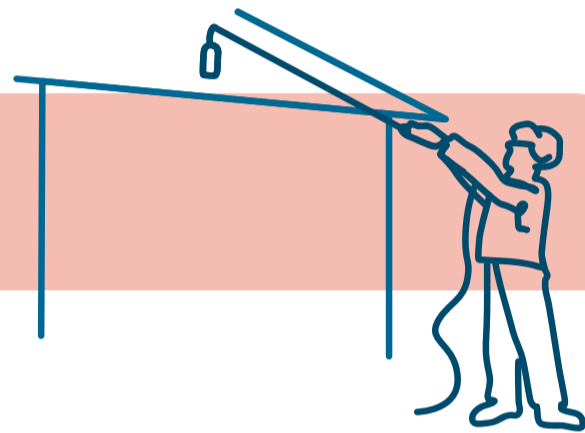
## Your safety comes first.

By following the rules below, we will both minimize the risk of falling and the consequences should a fall occur.

### ELIMINATION

## 1. Aids

To minimize risks you should use aids, which means that we avoid working at height



### PASSIVE

## 2. Collective protection

Primarily use collective protection as they:

- ➔ Are passive (railing)
- ➔ Protect several people at the same time
- ➔ Reduce the risk of falling
- ❗ Always use a MEWP instead of a scaffolding where possible

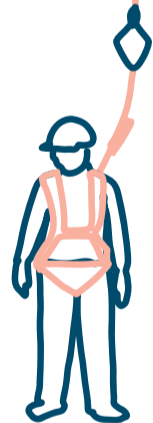


### ACTIVE

## 3. Personal fall protection

Personal fall protection is to be used when:

- ➔ Collective protection isn't possible
- ➔ In combination with other protection, e.g. in a boom lift
- ❗ Primarily we must prevent falls by using a support line
- ❗ Secondly it must reduce the consequences of a fall by using a fall arrester line



## 4. Condoning off

As another preventive measure, we can set up a barrier to ensure, that we do not move into areas, where there is a risk of falling.

Based on the risk, there may also be a need for personal fall protection.

